



Nature's Way of Learning

Child's name: _____ Start Date: _____

Classroom: _____ Teachers: _____

What your child will need while in our care.

The following enrollment forms must be submitted the day of enrollment or before your child's first day.

- Enrollment Contract
- Emergency/Medical Information
- Registration Agreement
- Family Questionnaire
- Permissions form one
- Permissions form two
- NH Health Assessment
- Physical form from medical professional
- School clearance form from medical professional stating that your child is clear to attend childcare
- Up to date immunizations

Please remember to label everything you bring in with your child's first name and last initial

Infants: (6 weeks to 13 months)

- Large pack of diapers (please note they are changed every 2 hours)
- Wipes
- Diaper rash cream (if needed)
- 2, Pack N Play sized sheets (per state regulations sheets must fit tightly around the mattress. No other sheets are allowed)
- 3 Changes of clothing (including socks)
- Can of formula or bags of dated breast milk. (Breast milk cannot be more than 73 hours old unless frozen)
- Bottles (please note we do not wash bottles; you will need to bring enough to last the day and all feedings)
- Baby food (if your infant is eating)
- Water (if water is not provided, we will use tap)
- Pacifier (if used, it will only be used to sooth a child at nap time)
- Blankets are not allowed to be in a crib with a child. If your child needs to be swaddled, you must provide a doctor's note. Children may not be swaddled once they are rolling over. Your child may have a sleep sack with a doctor's note.

If you bring in a diaper bag, please be sure that nothing is in there that might harm a child, such as medication, including over the counter medications. It is best to not leave anything at the center.

Waddlers/ Toddlers: (13 months to 3 years)

- Large pack of diapers (please note they are changed every 2 hours)
- Wipes
- Diaper rash cream (if needed)
- Crib sized sheet (sheets must fit tightly; no other sheets will be allowed)
- Pacifier (Children in the waddler room may have a for nap time only)
- A stuffed animal if they wish. It may no be bigger than a bottle of water.
- 2 changes of clothing including shocks and shoes
- Lunch box with ice pack. We are unable to place anything in the fridge (items cannot be in the microwave for more than 10 seconds. No frozen foods or Easy Mac.
 - Per state regulation, children under the age of 3 cannot have: Chips, hard candy, fruit snacks, pretzels, raisins, nuts, peanut butter to dip items in, raw carrots or celery.
 - Hotdogs, grapes, bananas, cherry tomatoes, blue berries, any round foods, and oranges must be cut the LONG way and into 4's. Fruits with a peel, must be peeled.

Preschool/ PreK 3 years to 6 years:

- Pull-ups, if needed (must be resaleable and not require the child to be undressed to place on)
- Wipes
- 2 changes of clothing (including socks, shoes, underwear) in a labeled zip-lock bag
- A stuffed animal if they wish. It may not bigger than a bottle of water.
- Lunch box with ice pack. We are unable to place anything in the fridge (items cannot be in the microwave for more than 10 seconds. No frozen foods or Easy Mac.
- Crib sized sheet and a small blanket

In the winter Waddlers, Toddlers, PS/PK must have snow boots, winter jackets, gloves, hats, scarfs, snow suites. Children do go outside in the snow and any temp above 30 degrees. These may be left at school