

Illness Chart
(We reserve the right to deny any doctors note)

Illness	Contagious	Days out	To post	Exclusion	Page/ Notes
Cellulitis/ MRSA	when open	Until resolved	no	yes	Doc's note to return
Chickenpox	14-16 days	14-16 days	yes	yes	Blisters are dry and crusted over
Croup	2-6 days	7 days contagious	no	no	Doc's note to return
Diarrhea	possible	2 school days after symptoms end	no (unless widespread)	yes	only if more than 2 in 1 hour
Fever	possible	1 school day after fever breaks with no fever reducing medication	no	yes	100.4 with symptoms, 101 or higher without symptoms
Fifth Disease	4-14 days	fever free for 2 school days without fever reducing meds.	no	no	May attend after rash appears
Hand Foot and Mouth	3 to 6 days	fever free for 2 school days without fever reducing meds. Blisters have popped and are drying up.	yes	Yes	Child must be comfortable and able to participate.
Influenza	1-4 days	fever free for 2 school days without fever reducing meds.	yes	yes	Doc's note to return and be fever free for 2 full school days
Lice	vary	until no eggs/ no lice	yes	yes	all belongs in classroom sent home
Pinkeye (Conjunctivitis)	needs med	Doctors note and 2 doses of meds	yes	yes	Doc's note to return
Pneumonia	vary	Doctors note	no	no	Doc's note to return
RSV	2-8 or 4-6	10 days out. Day 1 from confirmed positive test. With a return on day 10.	yes	yes	No – may use home test
Ringworm	1-3 weeks	may return after 3 days of meds or is covered up	no	no*	Doc's note to return
Roseola	9-10 days	fever free for 2 school days without fever reducing meds. No fever 2 school days	no	no	Doc's note to return
Strep throat	2-5 days	2 does of meds and fever free for 2 full school days without fever reducing medication	no	yes	Doc's note to return
Thrush	unknown	none	no	no	
Common Cold	2-14 days	If child cannot participate normally/ do activities	no	no	Due to covid, children may need to be seen by a medical professional
Vomiting	unknown	2 school days after last vomit	no* (unless widespread)	yes	1 vomit send home
Whooping Cough	5-21 days, usually 7-10	docs note	yes	yes	Doc's note to return

Medical Illness's

Symptoms of illness

- An oral temperature of 100.4 degrees or higher, scanned temp of 100.4 or an under the arm temperature of 99.4 degrees alone or higher combined with any of the following:

- Diarrhea
- Rash
- Ear ache
- Sore throat
- Vomiting

When a child exhibits symptoms of illness as listed, childcare personnel shall contact the child's parents and inform them of the need to remove their child from the program. Children must be picked up within one hour. The child may return once they are off fever reducing medication for one-full school day. We will not accept a doctor's note to return sooner. Any child returning with a fever will result in 2 full school days home.

Physicals and Immunizations

A written record of a health screening or physical examination must be updated yearly. Children may not start childcare without an updated physical, immunizations, and school clearance form. Immunizations are required to attend Tippy Toes. We use the immunization tracking form to ensure all students are properly immunized. If a child misses an immunization, we will require a note from your child's physician stating when the immunization will be received.

Illnesses

Childcare personnel shall observe each child each day upon arrival and throughout the day for injuries and symptoms of illness which:

- Impair or prohibit the child's participation in regular childcare activities (this includes being lethargic)
- Require more care than childcare personnel can provide without compromising the health and safety of the ill, or injured child, or other children in our care

Symptoms of illness

the symptoms of illness shall include, but not limited to, the following:

- More than one episode of vomiting in one day
- More than two episode of diarrhea in one day
- Uncontrolled coughing or wheezing

- Unusual or extreme fatigue or lethargy
- Skin lesions/rash which have not been diagnosed or treated by a licensed health care practitioner

COVID

Student's who test positive must be out 5-full school days. They must be tested on the morning before returning on day 6. The test MUST have the child's name, date, and the start time of the test. A photo must be sent via Brightwheel.

Feeding Of Students

Breast Milk

Breast milk must be used immediately or stored in a fridge for no longer than 72 hours. Bottles MUST BE labeled "used" and placed in the fridge to be returned home each night. We are unable to offer a baby a bottle that has been out for more than one hour. Bottles MUST BE labeled and dated with the child's name breast milk was placed in the bottle

Frozen breast milk can be stored with the child's name and the date it was pumped. We can store breast milk up to 6-months in our freezer.

Formula

We are unable to reuse bottles. Please bring enough bottles for every feeding including one extra.

Pre-made bottles will be allowed to stay in our fridge for up to 24 hours. Bottles must be labeled with the child's name and date the bottle was made. Teachers will be happy to make your child's bottle. Please provide formula and water. If water is not provided, tap water will be used. Formula made bottles will be discarded after one hour. We are unable to reuse bottles without them being cleaned and sanitized by the parent.

Meals

Milk is offered to students at lunch time. We provide snack in the AM and PM. Lunches may NOT be placed in our fridges. Please ensure your child has an ice pack. Students should bring in a lunch daily. Fridays are pizza days. You can pay 3.00 for your child to have pizza. Lunches may be headed up for no more than 30 seconds (no Easy Mac). Children under 3 years of age may not have the following:

- Spoonsful of peanut butter
- Whole or rounds of hot dogs/ sausage/ cheese sticks (please cut into 4's)
- Whole grapes (cut the long way into 4's)
- Hard candy and chewing gum
- Raw carrot rounds, peas or celery
- Chips or hard pretzels
- Marshmallows
- Nuts or seeds

Medication

Prescription medication requires parent consents and will be stored in the office in a locked box. All prescription medication must be kept in the original container with the original prescription label. All unused medication will be given back to parent. Students cannot receive the first 2 doses of medication at the center.

Non- prescription medication requires a doctor's note if being uses "off label" and parent consent. Medication will be used as directed by the child's doctor and by the directions listed on the bottle/ box. Unused medication would be handed back to the parent to be discarded.

Diaper Changes and Bathrooms

2-changes of clothing are required for all students. Infants are suggested to bring more.

Students in diapers will be changed every 2 hours or sooner if needed. BM's will be changed right away.

Students who use diaper creams must have written parental consent. Diaper creams will not be used on open skin.

Students who are potty trained will have access to the bathroom whenever needed.

Parents must provide diapers and wipes. A fee will be charged for forgetting to provide these items.